

Reflective Parenting Program

A **FREE** UCLA research study for
Parents/Caregivers with a child enrolled in preschool at CII



UCLA invites CII families to participate in a
FREE study to see how well Reflective Parenting Program (RPP) works
for families with young children.

All groups are held at CII and are offered in English or Spanish.

Who can participate?

- English- or Spanish-speaking parents/caregivers with a **child 3, 4, or 5 years old**.
- Child must attend preschool at CII.

What does participation involve?

3 Easy Steps:

- 1) A parent-child appointment at CII (2 ½ hours)
 - Families will receive \$50 for completing this first appointment.
- 2) 50% parents will be randomly assigned to participate in the Reflective Parenting Program at CII (1½ hours per week for 12 weeks). 50% parents will be randomly assigned to continue with the services they already receive at CII.
 - The Reflective Parenting Program is free and childcare is available.
- 3) Over the next year, two more parent-child appointments at CII (2 hours each)
 - Families will receive \$50 for this second appointment.
 - Families will receive up to \$80 for this third appointment.

FOR MORE INFORMATION PLEASE CALL: 310-206-5254

This study is being conducted by Blair Paley, Ph.D. | UCLA Nathanson Family Resilience Center
760 Westwood Plaza | Los Angeles, CA 90095